



HOW TO

FOLLOW-UP IN THE FIRST 30 DAYS

When you add a new Ambassador, write their name down in your planner on the day you recruit them.

WEEK ONE (FOUR DAYS AFTER RECRUITMENT)

Write their name again to check-in. Suggestions of what to say: *"Hey Ashley! Have you gotten your products yet? I'm SO excited for you!"* If they have received products and started say: *"How did you like the taste of the pink drink? Tell me what you thought!"* Send dosage recommendations and a video toolbox explaining the products they're taking.

WEEK TWO

Check-in: *"Are you getting into a good rhythm? Do you feel like you're taking your products consistently? Are you drinking your water? Are you pooping 2-3 times a day?"* If they are already having issues, pencil in an additional follow-up 2-3 days later after troubleshooting them.

WEEK THREE

Check-in: *"Hey Ashley! I wanted to ask you if you've seen an increase in your sugar cravings? My third week, I noticed they came back."* If the answer is "yes", troubleshoot them by increasing ProBio5. If "no", say: *"If you notice anything like fatigue, sugar cravings, bloating...please don't hesitate to reach out to me! That's actually a sign that your body is healing itself, and I want to make sure we adjust your products so you're comfortable if any of those things happen."*

WEEK FOUR

Check-in: *"I'm so excited that you're feeling awesome!"* OR continue to coach them through healing reminding them the importance of the 90-day-commitment. Help them set alarms to remember to take products, find easier ways to get their water in, etc.